



BPCA's College of Physical Education
(Mumbai U.)



GAYO FITNESS ACADEMY
Professional Education. Consulting. Management.

**Professional
Education Courses in
Fitness & Exercise and
Nutrition Sciences**

FITNESS CAREERS

now available through

College & University Education!

For the
first time
ever in India

BPCACPE & GFA

For the first time ever in India, Fitness Education now becomes part of Mainstream Education. The prestigious BPCA's College of Physical College (BPCACPE) and Gāyo Fitness Academy (GFA) will now jointly conduct and certify Courses in Fitness & Exercise and Nutrition Sciences.

Founded in 1978, BPCACPE is one of India's premier Physical Education Colleges. It is permanently affiliated to the University of Mumbai (MU). It is accredited by the National Assessment and Accreditation Council (NAAC) and the National Council for Teacher Education (NCET). It is recognized by the University Grants Commission (New Delhi) and the Government of Maharashtra. BPCACPE conducts Teacher Training programs at the levels of Bachelor's, Master's and PhD in Physical Education and Sports Sciences.

GFA, since 1999, has been conducting vocational education programs in Fitness & Exercise and Nutrition Sciences as also in First Aid & CPR. Its objective has always been to offer, within India and abroad, employment opportunities as also enable current fitness professionals to upgrade their skill sets. GFA represents and teaches in India & South Asia, the courses of International Sports Sciences Association (ISSA), a College accredited by DEAC (recognized by Govt of USA). GFA has over 14,500 students across India and Mid East / South Asia. It offers nearly 20 professional courses in different specializations. Its Faculty comprises of about 30 nationally and internationally respected professionals with vast professional and teaching experience.

Benefits to students of the BPCACPE – GFA

- a) **Client Ready Trainers.** Education & Training, delivered according to academic standards of BPCACPE / Mumbai Univ, GFA and ISSA will ensure job ready fitness professionals.
- b) **True Certification.** Employers / clients are assured that the joint certification truly confirms that the holders have requisite theoretical & practical skill sets.
- c) **College & University Recognition.** India has no accreditation mechanism to monitor Fitness Industry standards. Fitness Education in India is mostly private education. GFA's tie-up with BPCACPE ensures that Fitness Education now on will be delivered and credentialed as per world class standards.
- d) **New Opportunities.** Fitness professionals can now seek to join Government and Public Undertaking sectors, Defence and Civil Services.
- e) **Triple Certification.** The tie-up offers the opportunity to earn truly powerful, internationally respected certifications from ISSA, BPCACPE & GFA!

BPCACPE and GFA, supported by ISSA, are committed to contribute to a Fitter India by making its citizens healthier specifically, enable Fitness to be inculcated in Society through Educational Institutions and Facilities such as Fitness Centers, Sports Clubs / Associations, Offices & Factories.



MUMBAI



PERSONAL FITNESS TRAINING COURSE

Jointly certified by BPCA's College of Physical Education (Univ of Mumbai) AND Gāyo Fitness Academy

Be the
First Personal
Trainer Certified by
BPCACPE (Mum Univ) & Gāyo

120 hours of theory & practical training!

For detailed course syllabus, timetable, etc. visit : <http://gayofitnessacademy.com/home/event>

Fee: Ask for current fees

Dates: Ask for current time-table.

Venue: BPCA's College of Physical Education (Univ of Mumbai)

Address: Bharatiya Kreedamandir, Naigaum Cross Road, Wadala, Mumbai - 400 031.

Certificate course supports following ISSA courses :

- CERTIFIED FITNESS TRAINER (CFT) *UPDATED*
- CERTIFIED EXERCISE THERAPIST (SET)
- SPECIALIST IN STRENGTH CONDITIONING (SSC)
- SPECIALIST IN SPORTS NUTRITION (SSN)
- SPECIALIST IN FITNESS NUTRITION (SFN)
- SPECIALIST IN SENIOR FITNESS (SSF)
- YOUTH FITNESS TRAINER (YFT)
- SPECIALIST IN GROUP FITNESS (SGF) *NEW*
- ELITE 1 / ELITE 2 TRAINER
- MASTER FITNESS TRAINER CERTIFICATION
- ASSOCIATE BACHELOR'S DEGREE IN EXERCISE SCIENCE

Note: BPCA Gāyo course fee and ISSA fee are separate. Please confirm current fees structure.

WHY ARE ISSA & GAYO COURSES BEST SUITED FOR FITNESS & NUTRITION PROFESSIONALS?



- ✓ ISSA is a COLLEGE nationally accredited by DEAC recognized by CHEA, USA Govt Dept. of Ed., IHRSA etc.
- ✓ ISSA offers widest range of advanced specializations in Fitness and Nutrition
- ✓ ISSA courses are practical and easy to understand
- ✓ Fee includes original ISSA textbook – no unofficial photocopies
- ✓ Over 1,90,000 ISSA professionals across the world
- ✓ ISSA is recognized in over 91 countries

IN INDIA

- ✓ For the first time in India, Fitness Education is now certified by University of Mumbai through the prestigious BPCA's College of Physical Education!
- ✓ TRIPLE certification from ISSA, Gāyo and BPCACPE – Univ of Mumbai!
- ✓ ISSA and TPTP students get First Aid International (UK) FA & CPR-AED (Confirm the fees)
- ✓ CFT Notes in English with translation in Marathi / Hindi / other Indian languages provided
- ✓ Gāyo offers over 20 specialist courses to support and supplement ISSA courses
- ✓ Free, unlimited professional guidance to students & trainers from Gāyo and ISSA

FOR MORE INFO : RATNADEEP IN MUMBAI - 9819107604



Bombay Physical Culture Association

• Affiliated to the University of Mumbai • Accredited by the N.C.T.E • Recognized by the UGC

Qualifying teachers & conducting world class research in Physical Education



Courses Available : B.P. Ed., M.P. Ed., Ph. D. (Physical Education)

BPCA College offers world class teaching & training facilities including AV equipped classrooms, Library, Research Lab, Physical Activity Studios, Gym & Outdoor Track & Stadium.

Rd Number 37, Sahakar Nagar, Matunga West, Mumbai, Maharashtra 400031



GAYOFITNESS ACADEMY

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