

**Bombay Physical Culture Association's**  
**COLLEGE OF PHYSICAL EDUCATION**  
Bhartiya Krida Mandir, Naigaum Cross Road,  
Wadala, Mumbai – 400 031. (Maharashtra)

**The Annual Quality Assurance Report (AQAR)**  
**Of the IQAC 2011-12**

Name of the institution - **Bombay Physical Culture Association's  
College of Physical Education**

Year of Report- **2011 - 2012**

**Part A**

***The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the out come achieved by the end of the year.***

The Institution has started its 34<sup>th</sup> batch of B.P.Ed. and 13<sup>th</sup> batch of M.P.Ed. Course on 8<sup>th</sup> July, 2011. The students were admitted by conducting the Common Entrance Test (CET) by the committee constituted as per the directions of the Government of Maharashtra State which comprises of the following members:

- |      |   |                    |
|------|---|--------------------|
| i.   | Director, Director of Sports, Poona                                       | (Chairperson)      |
| ii.  | Dy. Director of Sports, Mumbai  | (Member)           |
| iii. | Principal of the college  | (Member)           |
| iv.  | One person Nominated by Director of Phy. Edn.<br>& Sports, Uni. of Mumbai | (Member)           |
| v.   | Medical Officer appointed by Principal of the College                     | (Member)           |
| vi.  | District Sports Officer or his Nominee                                    | (Member Secretary) |

The Institution has established IQAC on January, 2005 for the enhancement of quality of the institution. The said IQAC consists of the following members.

- |    |                                   |   |
|----|-----------------------------------|---|
| 1  | <b>Prin. Dr. G. V. Pargaonkar</b> | Chairperson                               |
| 2  | <b>Shri S. L. Ghate</b>           | Sr. Administrative officer                |
| 3. | <b>Dr. (Shri.) J. M. Dhope</b>    | Teacher                                   |
| 4  | <b>Dr. (Shri.)G.K. Dhokrat</b>    | -''-                                      |
| 5  | <b>Dr. K. K. Asai.</b>            | -''-                                      |
| 6  | <b>Shri. S. B. Shete</b>          | Member of the Management                  |
| 7  | <b>Dr. (Shri.)T. K. Bera</b>      | Nominee from local Society                |
| 8  | <b>Shri. R.R. Dhakne</b>          | Teacher as the Co-coordinator of the IQAC |

According to the purpose, role and functions, the IQAC works for overcoming the weaknesses of the institution as well as implementing various measures for the enhancement of the quality.

### **The Plan of Action:**

The plan of action for quality enhancement was chalked out by the IQAC in the beginning of the academic session (i.e. 2011-12). The IQAC in its meeting held on 4<sup>th</sup> July, 2011 has finalized the plan of action and resolved to execute the same during the year 2011-12.

**THE PLAN OF ACTION:** was prepared through SWOT analysis focusing mainly on the following areas of quality enhancement of the Institution.

- 1 To conduct seminar and workshop for the promotion of research activities through RTD (Research Training Drive) especially in connection with procedures of Statistical Analysis, Psychological Parameters and Current developments in Research and Sports Sciences, Technical Aspects of Preparation of Draft of Thesis, etc.
- 2 To establish linkage/collaboration with other organizations for the promotion of research activities.
- 3 To encourage faculties to undertake research projects.
- 4 To provide additional computer/Internet facility to students by way of procuring the required material as well as providing other relevant facilities.
- 5 To conduct preparatory workshop for SET/NET examination for PG and other Stake Holders.
- 6 To encourage and help teachers in order to publish research paper/article, books as well as attend the National, International Conferences and prepare additional resources for teaching learning purpose.
- 7 To provide additional supportive materials and related facilities to the teaching faculty for more effective teaching, learning, evaluation and Research process.
- 8 To give more emphasis on English speaking of the student.
- 9 To conduct training programmes to the students for preparing them to appear before interviews of various international schools.
- 10 To implement more effectively **Mentor System** to solve the problems of *slow learners* related to practicals, theory and other related questions.

### **OUT COMES ACHIEVED AT THE END:**

- 1 The college has conducted the following programmes for the promotion of research activities :
  - i. Seminar-cum-Workshop on 'Psychological Dimension of Physical Education and Sports during August, 25-27, 2012 (3 days).
  - ii. Six days preparatory workshop on state eligibility test (SET) was conducted during November, 7-12, 2012. All the PG students and faculty of the college participated in the same

- iii. The college has introduced a new Continuous Innovative Programme for the pursuit of excellence in Research Activities by way of starting Research Training Drive (RTD) with a vision, mission and preparing long term planning including about 16 action programmes (VII programme have been completed till date). For the said RTD programme the college has selected a few research scholars having potential (approximately 50) including faculty, Masters, M.Phil and Ph.D. scholars.
- 2 At present Ten Scholars perusing their Doctoral Study.
  - 3 The necessary additional computers as well as additional space & facilities have been provided by the institution.
  - 4 The college has provided more additional hostel facility for female students.
  - 5 All the M.P.Ed. (Part-I & II) attended International Conference on Yogic Therapy-A Traditional approach organized on 17th January, 2012, by Lonavla Yoga Institute, Lonavala
  - 6 The college has planned and implemented the following various activities for improving the English speaking skills of the students-
    - i Formation of groups by including 2-3 students having command over the language and communication skills through Mentor System.
    - ii By giving important tips of communication skills, at least once in a week through the English teaching method teacher of the college.
    - iii By observing strictly 'every Thursday as English speaking day' by way of providing necessary observation/supervision/monitoring, of the faculty and non-teaching staff members.
    - iv By organizing Group Discussion (GD), Sports Quiz Competitions among the Houses

## **Part B**

### **1 Activities reflecting to the Goals and Objectives of the institution:**

B.P.C.A'S College of Physical Education is potentially preparing professionally qualified trained teacher in Physical Education as well as promoting Research in Education, Physical Education and Sports sciences since 1978.

The college has potentials to provide legal Education because it is permanently affiliated to the University of Mumbai and added by the State Government as well as recognized by the National Council for Teacher Education. (NCTE). The college also comes under 2(f) and 12(b) of the UGC Act and receives the UGC Grand for various proposes

The College has all required infrastructure and facilities and qualified teaching faculties for running academic as well as research courses in Physical Education.

Moreover, the University of Mumbai recognizes this college as a post graduate Research Center in the subject of Physical Education since last eight years and till to date ten students of this Research center received Ph.D award in Physical Education and four students doing research work on various subjects and four students submitted their thesis to Mumbai

University. The present status of the various courses and activities reflecting to the goals and objectives of the Institution are as follows:

<b>Courses /Activities Physical Education</b>	<b>Student intake capacity</b>	<b>Started from the year</b>	<b>Existing</b>
B. P. Ed.	100	1978	Yes
M. P. Ed. (Part-I) (Part-II)	25 25	2005	Yes
Ph.D.	10	1996	Yes
Health & Fitness Management Certificate Course	100 - 125	2005	Yes
Sports Training Centre	150 - 200	1995	Yes
Yoga Study Centre (for students & out sides)	20 - 30	2005	Yes
Fitness/Gym. Centre (for students & out sides)	20-30	2005	Yes

The academic standing of our students in the area of Physical Education has consistently best in the university. The results of the University Examination of B.P.Ed. and M.P.Ed. Courses are as follows-

#### **University Exam Results 2011--2012**

<b>Class</b>	<b>B.P.Ed. course</b>	<b>M.P.Ed. course</b>
1 <sup>st</sup> class with distinction	01	17
First class	43	05
Second class	51	03
Pass class	03	-
Fail	-	-
<b>Total student appeared</b>	<b>98</b>	<b>25</b>
<b>Pass percentage</b>	<b>100%</b>	<b>100%</b>

The teaching learning environment of the college is conducive, disciplined and democratic. With all the activities run by the institution reflects the goals and objectives of the institution.

The following two (02) students of the institution have been awarded the M.Phil. degree in Physical Education of Yashwantrao Chavan Maharashtra Open University (YCMOU)

- |  |
|--|
| <ol style="list-style-type: none"><li>1. Shri Sandeep Shinde</li><li>2. Smt. Rohini Kawade</li></ol> |
|--|

**3 Innovations in curricular design and transaction:**

The institution has redesigned the curriculum for certificate/Diploma course in Health and Fitness Management implemented the same during the year 2010-11. Further, it has also taken initiative in the revision of UG & PG syllabus of the University of Mumbai.

**4 Inter-disciplinary programmes:**

Physical education is an Inter-disciplinary subject. It is based on almost all the basic sciences like Psychology, Social Sciences, Physical Sciences and Life Sciences. Therefore many Inter disciplinary topics in the syllabus are being taught by different pedagogical experts. The teaching faculty from various disciplines and doctoral Research programmes largely contribute for curricular design strategies.

**5 Examination reforms implemented:**

The following reforms were implemented by the institution in order to improve the performance of the students in theory, practice teaching and practicals-

- i. Tutorial examinations and feedback, re-examination if required for theory papers of the B.P.Ed. and M.P.Ed. Courses (each paper 6 tutorials).
- ii. Addressing more effectively the problems of the students in connection with internal assessment.
- iii. Feedback of practice teaching through mentor of the group as well as method teacher is being given in twice in months.
- iv. Formation of academically advance learners and weak students as well as provision of guidance and counseling to them.
- v. Provision of extra coaching and practice of those students who are weak in practicals particularly in Physical Education activities.

**6 Candidates qualified: NET/ SET/GATE etc :**

The following students of the institution passed in SET / NET Examination

1. Shri. Kishor J. Maru (Faculty)
2. Shri. Vikram Satpute.
3. Shri. Sidharth Waghmare
4. Smt. Mini Lobo

**7 Initiative towards faculty development programme.**

The following programmes conducted for the faculty development

1. Lecture series on research Methodology, Statistical Analysis, and Computer by Dr. D.N. Sansanwal.
2. Paper presentation on related topics of Physical Education Sports and Games
3. Participation in Seminars/Conferences/Refresher courses/Orientation courses
3. Workshop on SET/ NET examination.
4. Workshop on statistical analysis (SPSS)

**8 Total number of seminars/ Workshop conducted:**

State Level Work shop cum Seminar - One  
Workshop on SET Exam. - One

**9 Research project:**

9.1 One Major Research project sponsored by UGC is under taken by Dr. G.V. Pargaonkar (Principal) of the Institution entitled “**Development of Norms of Health Related Physical Fitness for Secondary School Students in Maharashtra**” have been completed

**10 Patents generated, if any:**

Nil.

**11 New collaborative Research programme:**

Nil.

**12 Research grant received from various agencies:**

I. Grant received from UGC for Major Research Project - Rs. 4,14,200/- to Dr. G.V. Pargaonkar.

**13 Details of Research Scholar :**

**13.1 Scholars Registered :**

**The following candidates were engaged in their Ph.D. studies in the Institution-**

Sr. No	Name of the candidate	Topic	Guide	Present post
1	Shri. Rohit A. Tambe	Establishment of Norms for Health Related Physical Fitness and Motor Fitness Components of Higher Secondary Students in Maharashtra State.	Dr. G.V. Pargaonkar	Lecturer, College of Physical Education, Loni, Ahmandnagar.
2	Shri. Thomas Joaquim Pires	Development of Physical Education and Sports Programme for Institutes of the Intellectually Disabled in the State of Maharashtra.	Dr. G.V. Pargaonkar	Physical Director, St. Xevier College, Mahapalika Marg, Mumbai-400 001.
3	Shri. Jaising M. Hotkar	Roll of Yoga in Kinesthetic Perceptual Motor Skills, Co-ordination Abilities and Health Related Physical Fitness of Senior Urban Citizens	Dr. G.V. Pargaonkar	Lecturer, B. P. C. A's College of Physical Education, Wadala, Mumbai-400 031
4	Shri. Rajendra N Shalke	Survey of Health Related Physical Fitness and Performance Related Fitness of the Students Dwelling in Non-Slum and Slum Areas in Greater Mumbai	Dr. G.V. Pargaonkar	Lecturer, B. P. C. A's College of Physical Education, Wadala, Mumbai-400 031

5	Smt. Neetu O. Joshi	Effect of Yoga and Aerobic Exercises on Psycho-physiological Parameters and Health Related Physical Fitness of College Girls with Irregular Menstruation Cycle	Dr. G.V. Pargaonkar	Lecturer, B. P. C. A's College of Physical Education, Wadala, Mumbai-400 031
6	Shri. Kishor J. Maru	Development of Integrated Exercise Training Module and Its Efficacy for the Promotion of Holistic Fitness	Dr. G.V. Pargaonkar	Lecturer, B. P. C. A's College of Physical Education, Wadala, Mumbai-400 031
7	Shri. Jitendra Limkar	Yoga for Concentration and Accuracy in Rifle Shooting	Dr, T. K. Bera	Physical Education Teacher, BMC, Mumbai
8	Smt Kalpna Gunde	Physical Exercises and Yogic Practices for Selected Autonomic Functions and Learning Abilities in School Children	Dr, T. K. Bera	Physical Education Teacher, BMC, Mumbai
9	Smt Mary. Bnson	Development of Yoga Programme for the Promotion of Health Related Physical Fitness and Perceptual Ability of Visually Impaired School Boys	Dr, T. K. Bera	Director of Physical Education and Sports, Khalsa College, Matunga, Mumbai
10	Smt.Esperanca Afonso	Yoga for Performance Recovery in Transitional Phase of Periodization of Footballers in Goa State	Dr, T. K. Bera	Director of physical Education and Sports,----- College, Goa.

### 13.2 Ph.D Awarded during the year (2011-12):

The following scholar of the institute was awarded Ph.D. degree of the University of Mumbai.

Sr. No	Name of the candidate	Topic	Guide	Present post
1	Ms. Linda Dennis	Assertion of Special Olympics Movement in India	Dr. G.V. Pargaonkar	Asstt. Director of Physical Education, SNTD Women's University, Mumbai.
2	Shri.Narayan M. Jadhav	Normative Study of Physical Fitness Components For Secondary School Children in Maharashtra State.	Dr. G.V. Pargaonkar	Principal, Pravara College of Physical Education, Dist-Ahmadnagar (Mah.)

### 14 Citation index of faculty member and impact factor:

Nil

### 15 Honors / awards to the faculty.

- Dr. G.V. Pargaonkar has been awarded 'Best Principal Award' by Lions Clubs international, District 323 AI on 5<sup>th</sup> Sept.,2011 at Government Law College, Churchgate, Mumbai.

### 16 Internal Recourses generated:

Nil.

**17 Details of Department getting SAP, CONSIST (ASSIST)/DST. FIST, etc assistance / recognition :**

Not Applicable

**18. Community services :**

- 18.1 Six students & one faculty worked as officials for conducting Suryanamaskar Inter-school competition organized by Suvidhyalaya, Borivli, Mumbai(W.) on 22<sup>nd</sup> July,2011.
- 18.2 Eight students and one faculty conducted district level inter school sports competitions of physically handicapped children, organised by Sadhana Vidyalaya for Deaf, Mumbai on 14<sup>th</sup> November,2011
- 18.3 Six students and one faculty of the college worked as referees for conducting interschool-Langadi competition organized by Amar Hind Mandal, Dadar, Mumbai, on 20<sup>th</sup> January,2012.
- 18.4 Ten students and one faculty organized and conducted walking competitions on behalf of Arunodaya Walkers Association (NGO) for adults aged 40+, 50+, 60+ and 70+ held on 8<sup>th</sup> Jan.,2012
- 18.5 All the students and faculty participated in the organisation of All India level Kabaddi competition conducted on behalf of the Govt. of Maharashtra, on Jan., 4-8, 2012 at the college ground. The students have also presented cultural activities including Lezium, Zanj and Folk Dances on the occasion of Inaugural and closing function of the event.
- 18.6 Ten students participated in the organization of felicitation programme of national players organized by Govt. of Maharashtra on 21<sup>st</sup> Sept.,2011 at Mumbai.
- 18.7 20 Students participated in the organization of sports for employees of co-operative institutions on behalf of Sahakari Institution, held on Nov.,25-27, 2011 at Mumbai and Pune.
- 18.8 All the faculty and students were participated in the organization and conduct of sports on behalf of Special Olympic, Bharat for mentally challenged athletes on 7<sup>th</sup> March,2012, held at Kohli Stadium, Navy Nagar, Colaba, Mumbai.
- 18.9 All the faculty and students were participated in the organization and conduct of sports competition on behalf of co-operative institutions G/N division, Mumbai
- 18.10 Organisation of Inter school competitions o Lezim, Kabaddi, Kho-Kho and Langadi
- 18.11 Regular sports training centre for school children.
- 18.12 Yoga Center for adult men & women.
- 18.13 Gym centre for youth, adult & Senior citizens.

**IN ADDITION OUR STUDENTS & FACULTY WORKED AS OFFICIALS/ REFEREE, ORGANIZER FOR CONDUCTING VARIOUS SPORTS COMPETITIONS OF THE FOLLOWING INSTITUTIONS\_\_\_**

- Mumbai Schools Sports Association's- On Nov.,26th, Dec.,3-4, 10-11,2011 & Jan.,27-29, 2012
- International Marathon, Mumbai- On Jan.,15<sup>th</sup>, 2012

- Dr.T.K. Tope Night College- On Dec.,23<sup>rd</sup>,2011
- District Sports Officer, District level Gymnastic Inter-school competitions - On Sept.,24<sup>th</sup>-26<sup>th</sup>,2011
- University of Mumbai- Inter-collegiate Gymnastics & Mallkhamb competition- On Dec.,12<sup>th</sup>,2012
- Green Law's school, Worli, School Athletics Meet- On Jan.,30<sup>th</sup>, 2012
- Mumbai All India Gymnastics Mayor Trophy- On Dec.13<sup>th</sup>-14<sup>th</sup>,2012
- Indian Education Society, Inter-school Gymnastics competition- On March 3<sup>rd</sup>,2012
- Sevasadan Society, Inter-collegiate competitions of D.Ed. colleges - On Dec., 23<sup>rd</sup>,2011
- Dr.Ambedkar College of Commerce & Economics, Wadala, Athletic Meet - On Jan.,17<sup>th</sup> 2012.

**19 Teaching-Non-teaching staff ratio:**  
10:13 (i.e. Teaching and Non-teaching)

**20 Improvements in the library services:**  
Computer and Internet facility is provided to students & staff in library.

**21 New books/Journals subscribed and their value:**  
In the year 2010-11 the institution has added 170 books (Rs. 54,593/-) of as well as journals (Rs. 28,532/-)

**22 Courses in which student assessment of teachers is introduced and the action taken on student feedback :**  
The students assessment of teachers is introduced for B.P.Ed. and M.P.Ed. course. The feedback received from the students has been communicated to the teachers for their improvement in teaching and overall performance.

**23 Unit cost of Education:**

Name of the course	Total Expenditure divided by No. of students
B.P.Ed.	81,303.
M.P.Ed.	28,533.
Ph.D. (Phy.Edn.)	3,099.

**24 Computerization of administration and the process of admissions and Examination results, issue of certificate:**  
The office and library as well as Laboratories of the Institution have been well computerized with internet facilities.

**25 Increase in the infrastructural facilities.**

25.1 Constructed separate additional indoor facility for Gymnastics and Malkhamb Centre.

- 25.2 Provided additional space for ICT classes.
- 23.3 Provided additional hostel facility for women students.
- 26 **Technology upgradation**  
The institution added the following instruments in ICT lab -
- |     |            |    |
|-----|------------|----|
| I.  | Computer - | 02 |
| II. | Printer -  | 01 |
- 27 **Computer and Internet access and training to teacher and students**  
The computer and Internet access facility is provided to all faculties as well as students. Students are trained in ICT.
- 28 **Financial aid to the student.**  
The financial aid to the poor students is being provided as and when required by the Institution with the help of Alumni Association and Management as well as through the Earn and Learn Scheme
- 29 **Activities and support from the Alumni association.**
- 30.1 The Regular Sports Training programme organized in the Institution under the guidance alumni.
- 30.2 Adventurous activities were organized under the guidance of alumni.
- 30.3 Organization of Activity training for Intellectually Disabled Students by Shri. Thomas (Alumni)
- 30.4 Organization of PEC India Physical Education Work Shop in the month of November.
- 30 **Activities and support from the parents - teacher association.**  
Not Applicable
- 31 **Health services**
- 31.1 A well-established Gymnasium facility is provided to students, parents as well as alumni by the institution.
- 31.2 The institution organized regular Yoga centre for students, adults & Alumni.
- 32 **Performance of the sports activities, student's achievements and Awards.**
- 32.1 73 Students became eligible for 10 grace marks as per the University rules due to their significant achievement in sports. Some of the outstanding achievements of our students in Inter-collegiate, State, and Inter-University competitions are as under\_
- i. Sheweta Pednekar.- Gold Medal- Inter-Collegiate Yoga Competition,  
Silver Medal- At State Level Yoga Championship,  
Pune.  
Captain of Mumbai University Yoga Team at Kurukhestra.
- ii. Smt. Monica Gill- Gold Medal-Inter-Collegiate Wrestling Competition.  
Bronze Medal-Inter-Collegiate judo Competition.  
Represented Mumbai University at Sirsa, Hariyana.

- iii. Smt. Nilam Rane.- Bronze Medal –Inter-Collegiate Rope Malkhamb Competition  
Bronze Medal- Inter-University Rope Malkhamb Competition, Amritsar.
- iv. Smt. Dhanlaxmi Krishnan-Gold Medal- Inter-District Athletic Competition.  
Represented Maharashtra state at Delhi.
- v Shri. Blosher Mendis- Captain of Maharashtra Football team at Goa and secured II place.
- vi. Shri. Choudhari Dipanshu- Silver Medal- At State Level Baseball
- vii. Smt. Advaita Mangale- Silver Medal- Inter-Collegiate Kabaddi Competition.Silver Medal- State Level, Kabaddi Competition & Represented India for Bich Kabaddi Championship, China.
- viii. Smt. Mini Lobo- Fourth Place- Inter-Collegiate Handball Competition.
- ix. Smt. Sonam Ambokar- Silver Medal- Inter-Collegiate Athletic Competition
- x. Shri. Sachin Parab- Silver Medal- Inter-Collegiate Judo Competition  
Participated Senior National Judo Competition at Patiala.

**Team Events:**

- a. Silver Medal-4x100M Relay (Women) Inter- Collegiate Athletic Competition.
- b. Silver Medal – Inter- Collegiate Kabaddi Competition.
- c. Fourth Place -4x100 Relay (Men) Inter- Collegiate Athletic Competition.

**33 Incentives to outstanding sports persons.**

In order to encourage participation of students in sports and related activities the college has provided various opportunities and incentives--

- 33.1 The college issues certificates for the participation of students in various Games and Sports.
- 33.2 Best players and students were facilitated at the end of first term as well as second term of the academic year.
- 33.3 The college provides financial supports like traveling allowance; dearness allowance and sports wear to the students for their participation in sports and related activities.

**34 Activities of the Guidance and Counseling Unit.**

The feedback taken regularly by the Institution has been used for the improvement in the strategy on student support. The college also provides Scholarship, Guidance and Counseling to students. To enhance students experience in the field, they are encouraged to participate in various competition and tournaments at different level.

Separate Training is provided to all Students for preparing them to appear before interviews of various international/ Convent schools.

**35 Placement services provided to the students.**

The institution has constituted the Placement Cell from the year 2007-08. The cell comprises of the following members---

1. Dr.G.V. Pargaonkar - Chairperson (Principal)
2. Shri. K. J. Maru - Member (Teacher)
3. Mrs.M.A. Samant - Member (Librarian)
4. Mrs.N.G. Shinde - Member (Sr.Clerk)
5. Mrs. N. O. Joshi - Member (Co-ordinator)

The cell has been functioning in the following ways.

1. Organisation of campus Interviews
2. Displaying paper cuttings of the job opportunities published in various news papers/ periodicals etc.
3. Registration of the candidates through Alumni Association.
4. Sending eligible students for job to various institutions as per their demands.
5. Providing training and counseling for job opportunities

**36 Development Programmes for Non-teaching staff.**

College provides the opportunity to learn the computer operating by way of giving necessary input time to time and also sending the staff for orientation and workshops as per the requirement.

**37 Healthy practices of the Institution.**

- 37.1 Regular sports training center for boys and girls aged 5 to 15 years, belonging to the various schools of Greater Mumbai specially for slum area.
- 37.2 Organisation of Summer Training Camp in the month of April for 15 days for the school going children (10<sup>th</sup> April to 20<sup>th</sup> April, 2008).
- 37.3 Display of demonstration of the various indigenous cultural activities on the various occasions for the propagation of Indigenous games/activities/exercise systems.
- 37.4 Yoga Training Center for women as community health and fitness awareness.
- 37.5 Organization of Interschool Lezim competition for Let. Dattaram Lad trophy.
- 37.6 Organization of Interschool competition of indigenous activities for Kabaddi, Kho-Kho and Langadi popularly known as Hind trophy.
- 37.7 Gym and Xerox facility for students.
- 37.9 Appreciation and felicitation of students from time to time for their achievements in academics and sports.

37.10 Special news display board for mentioning students appreciation as well as their birth anniversary.

37.11 Suggestion / complaint box kept in the premises.

**38 Linkages developed with National / International / academic Organisations**

Various Schools, Colleges and Organizations for conducting their sports competitions by way of providing them College facilities, infrastructure as well as trained officials for the purpose. A few of them are as listed below:

- ❖ Standard Chartered Bank (International)
- ❖ SPSS company (International)
- ❖ Mumbai Shahar Kabaddi Association, Wadala, Mumbai-31.
- ❖ Maharashtra Armature Sports Karate Association, Sewri, Mumbai-15
- ❖ S.N.D.T. Women's University, Churchgate, Mumbai – 20.
- ❖ District Sports Office, Mumbai City, C.S.T., Mumbai-1.
- ❖ Mumbai Schools Sports Association, Mahapalika Marg, Mumbai-1.
- ❖ Suvidya Prasarak Sangh's Suvidyalaya, Borivli, Mumbai-91.
- ❖ Human Study Centre, Sion-Koliwada, Mumbai – 22.
- ❖ Bruhan Mumbai District Gymnastic Sanghatna, Chembur-71.
- ❖ University of Mumbai.
- ❖ Mumbai District Amateurs Athletics Association.
- ❖ Maharashtra State Amateurs Athletics Association.
- ❖ Priyadarshini Park, Academy Nepeansee Road, Mumbai.
- ❖ Yoga Vidhya Niketan, Dadar.
- ❖ Kaivalyadhama, Yoga Institution, Lonavala.
- ❖ Mumbai Municipal Corporation, Department of Education.
- ❖ Mumbai Shahar Kho-Kho Sanghatana.
- ❖ Mumbai Shahar Talim Sangh.
- ❖ Mumbai District Amateurs gymnastics Association.
- ❖ Maharashtra State Acrobatics Association.
- ❖ Maharashtra State Amateurs Gymnastic Association.
- ❖ Sarva Shiksha Abhian, Govt. of Maharashtra.
- ❖ Common Wealth games, Youth Baton Relay, Govt. of Maharashtra.
- ❖ Social Welfare office, Mumbai city.

**39 Any other relevant information the institution wishes to add :**

Nil

## **Part C**

**Detail the plans of the institution for the next year is as under:**

During the next academic year the institution has decided to concentrate on the following areas :

- To overcome the weaknesses of the institutions pointed out by the NAAC Peer team.
- To establish additional linkage with relevant professional organizations as well as academic bodies for quality enhancement.
- To generate additional resources for the quality enhancement.
- To conduct National Conference with collaboration of other Universities and Organizations.
- To revise syllabi of B.P.Ed. and M.P.Ed Course
- To conduct various programmes for the promotion of research in Physical Education and Sports Sciences through Research Training Drive (RTD).
- To conduct SET / NET Preparatory Workshops
- To conduct English speaking classes for students.
- To conduct Training and Counseling Classes for Students for preparing them to appear before interviews of various international schools.
- To prepare for the NAAC Reassessment and Reaccreditation.

Name & Signature of the ,  
Coordinator, IQAC

(Dr. R. R. Dhakne)

Name & Signature of the  
Chairperson IAQC

(Dr. G.V. Pargaonkar)

To,  
The Director,  
National Assessment and Accreditation Council  
2/4, Dr. Rajkumar Road,  
P.O. Box No. 1075, Rajajinagar,  
Bangalore - 560 010.

Sub. : Submission of Annual Quality Assessment Report  
(AQAR) of the IQAC for the year 2008-09.

Dear Sir/Madam,

I am submitting herewith the Annual Quality Assessment Report of the  
IQAC of this institution for the year 2008-09.

Kindly accept and do the further needful in the matter.

Thanking you.